

HEALTHY FUTURES AFTERSCHOOL

An afterschool initiative that promotes healthy decision-making, youth well-being, and substance abuse prevention.

OVERVIEW

Healthy Futures Afterschool equips afterschool providers with peer-led prevention education, evidence-based curriculum, and nationally recognized staff training — all designed to strengthen youth health, resilience, and informed decision-making.



Strengthen Your Program.
Support Your Youth.

Join the effort to promote healthy futures for every child.



YOUR PROGRAM RECEIVES



Peer-Led Education

Undergraduate peer educators deliver engaging, science-based lessons for youth ages 10–18 that explore how substance misuse impacts the brain and body, build awareness around drug prevention and mental health, and encourage healthy coping skills and positive choices.



Evidence-Based Curriculum

Ready-to-implement lesson plans and activities designed to increase prevention knowledge, strengthen refusal skills, and support youth and family engagement.



Mental Health First Aid

Afterschool staff can receive Mental Health First Aid certification — a nationally recognized training that equips adults to identify early signs of emerging mental health conditions and respond with confidence.



Summer Programming

Structured summer support for students who may be at greater risk — providing prevention-focused, supportive enrichment during critical months.



Awareness Campaign

A coordinated effort reinforcing prevention messaging and healthy choices for youth and families.

CONTACT

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