

# Supply List: Unit 3 (Passion and Purpose)

The **Summer Activity Guide** is a suite of activities and resources intentionally designed to support youth-serving summer programs in delivering programming through multiple approaches during the COVID-19 pandemic. The activities included in the Guide are easy to implement with limited support and readily available materials. Here are the supplies youth will need to complete the activities for Unit 3. The lists are organized by age group.

## SUPPLIES FOR AGES 5 – 9

- Paper (white or colored)
- Pen or pencil
- Scissors
- Markers, colored pencils or crayons
- Tape, glue or a stapler
- 2 jars, boxes or another container that closes
- Computer or mobile device
- Internet access
- 3 pieces of brown construction paper
- A copy of '50 Simple Acts of Kindness: Just for Kids': <https://www.createkidsclub.com/wp-content/uploads/2017/11/Acts-Of-Kindness-12.13-1.pdf>
- 4 eggs that are different colors
- 1 quart-size sealable plastic bag
- 1 gallon-size sealable plastic bag
- Measuring cups and spoons
- 1 cup half and half
- 1 cup heavy cream
- ¼ cup sugar
- 1 teaspoon vanilla extract
- ½ cup salt (Kosher or rock salt)

### Worksheets:

- Meaningful Mealtime Worksheet
- Stay Positive Journal Worksheet
- Leaf Worksheet
- Gratitude Letter Worksheet
- Gift Box Worksheet

## SUPPLIES FOR AGES 13 – 15

- Pen or pencil
- Paper
- Access to the internet
- Camera or phone/tablet with a camera

### Worksheets:

- Service-learning Plan Worksheet
- What's My Purpose Worksheet

## SUPPLIES FOR AGES 10 – 12

- Paper (white or colored)
- Pen or pencil
- Scissors
- Markers, colored pencils or crayons
- Tape, glue or a stapler
- 2 jars, boxes or another container that closes
- Computer or mobile device
- Internet access
- 3 pieces of brown construction paper
- Free Spotify account
  - *If completed individually, youth will need a Spotify account for this activity. Work with parents/caregivers to get permission for youth to set up an account. Or, the facilitator can have an account and all youth can contribute song ideas to a group playlist*
- A copy of '50 Simple Acts of Kindness: Just for Kids': <https://www.createkidsclub.com/wp-content/uploads/2017/11/Acts-Of-Kindness-12.13-1.pdf>
- 4 eggs that are different colors

### Worksheets:

- Stay Positive Journal Worksheet
- Leaf Worksheet
- Gratitude Letter Worksheet
- Gift Box Worksheet

## SUPPLIES FOR AGES 16 – 18

- Pen or pencil
- Paper
- Access to the internet
- Camera or phone/tablet with a camera

### Worksheets:

- Service-learning Plan Worksheet
- Finding My Purpose Worksheet